



NIAGARA FALLS
Memorial Medical Center
Summit Healthplex

Niagara's Premier Health Network

April 7, 2014

Grand Island Junior Viking Families:

Niagara Falls Memorial Medical Center (NFMMC) is providing a comprehensive sports medicine/concussion management program for the Grand Island Junior Vikings football organization for 2014. Our comprehensive sports medicine program is led by Drs. William Wind, Jr. and Scott Darling.

With the increased awareness of concussion injuries, the GIJV Board of Directors has asked us again to complete baseline concussion testing for all GIJV athletes and cheerleaders. The GIJV board of directors has made this mandatory to participate in football or cheerleading.

Dr. Darling provides medical oversight for the concussion clinic located at the Summit Healthplex, 6934 Williams Road, Niagara Falls, NY 14304. Our concussion clinic began operation in 2007 and has treated a number of concussed athletes over the years.

Baseline concussion testing is performed at **Summit Physical Therapy, located in the Summit Healthplex, Suite 700**. This computer-based testing is done using ImPACT (Immediate Post-concussion Assessment and Cognitive Testing), a concussion management program for athletes ages 10 and up. We also perform a paper test evaluation, the SCAT3 (Sport Concussion Assessment Tool) for players ages 6 to 9 as a baseline for that age group.



www.impacttest.com

PRESEASON BASELINE TESTING ENABLES US TO:

- Quantify the injury with a highly sensitive measure of brain function
- Protect the athlete
- Help determine safe return to play
- Help prevent cumulative effects of multiple concussions
- Prevent lingering effects of concussion and potential catastrophic injury

The ImPACT baseline test takes approximately 30 minutes and is administered in a private, quiet treatment room in our **physical therapy suite**. The athlete is given a tutorial on the program and then allowed to complete the test independently. The athlete is then given a test confirmation sheet to return to the GIJV organization.

The paper test (SCAT3) for 6- to 9-year-old athletes years old is administered in person by a sports healthcare professional and takes about 20 minutes.

If you have further questions regarding baseline testing and concussion information, please contact Tony Surace, M.Ed., A.T.C., director of Sports Medicine at Niagara Falls Memorial Medical Center at Anthony.Surace@nfmmc.org.

Please call **298-5903** today to schedule your baseline test for your GIJV athlete.

Sincerely,

Tony Surace, M.Ed., A.T.C.
Director of Sports Medicine/Summit Rehab Manager
Niagara Falls Memorial Medical Center

