

GRAND ISLAND JUNIOR VIKINGS NEWSLETTER

JUNE 2010 ISSUE

PRESIDENT'S WELCOME

Welcome all participants and parents to another great season at the Grand Island Jr. Vikings Football and Cheerleading. As we embark on the 2010 season we hope to continue the success and growth our organization had in 2009. All football teams and cheerleading squads had a great year!

The Junior Vikings Football and Cheerleading organizations will begin practicing at Sidway School on August 2nd. When school starts the football teams will move to Veterans Park and the cheerleaders will move into one of the school gyms. The football teams will practice under the lights.

The Board will require coaches to do their very best to ensure that each player is utilized to his or her potential given their current skill level...with a focus on individual player development . GIJV will continue the minimum play rule and coaches will be required to have a independent statistician on his and her coaching staff tracking each player's involvement during games. The Board implemented a requirement for all of our football coaches to become certified and all coaches have a background check.

We welcome Adpro for working with us on both football and cheerleading needs. Also, Nancy at Varsity Spirit for all her help with our new cheerleading uniforms.

Continuing this year, all coaches, parents and participants will be required to sign a Code of Conduct Agreement , receive the League Handbook for the 2010 season, volunteer duty and sell their raffle tickets or they will be ineligible to participate.

I would also like to thank each and every person that volunteered their time to the organization in the past . The volunteers are the backbone of our organization. Your dedication is what continues to make our organization such a great success now and in the future.

I look forward to seeing you all out at the field!

John

THANK YOU PARENTS AND VOLUNTEERS!

Cheerleading News

- Practice starts Monday, August 2nd at Sidway School from 6-8pm. Parents are asked to stay for the first practice for a brief parent meeting and while sneakers and uniforms are handed out.
- Practices are every Monday, Wednesday, and Friday from 6-8pm. Cheerleaders must be prepared to practice in comfortable clothing—NO Denim—with hair tied back, SNEAKERS, and a water bottle with their name on it.
- Parents are asked to ask questions before or after practice, if it cannot wait please see me and I will try to help you.
- When school starts practices are from 6-7:30, and will be moved inside (location to be announced). To be part of the competition squad, cheerleaders may miss *no more than 3 practices* from the start of school to the end of the season—this is for the safety of the girls.
- For competition, all cheerleaders must be in full uniform with hair in a high ponytail.
- Each squad is in need of a team mom to supply snacks for halftime of each game—if you are interested, speak to your child's coach during the first week of practices. Hall monitors are needed in September!

The head coaches are as follows:

- **Blue Squad** (2nd & 3rd grade)--- Christina Nelligan
- **Gold Squad** (4th & 5th grade)--- Michelle Green
- **White Squad** (6th, 7th, & 8th grade)-Traci Goc

These coaches are volunteers and put a lot of hard work and energy into making this a fun, successful season for your child. Please show them the respect and encouragement that they deserve—your attitude reflects on your child's.

Thank you in advance for a great season!
Pat Mongan, Cheerleading Coordinator

Fundraising news

Raffle ticket money must be turned in Friday, **August 27th**. If you do not have them please contact Sue Bass at 860-7875 as soon as possible. Any child who does not turn in their raffle ticket money by the deadline will not be able to participate in practices or games—this will be strictly enforced. Back by popular demand will be our candle sale! August 20th will be a deadline for any clothing orders!

Golf outing is July 6th at river oaks!

We need your support! Please contact Bob Miller (773-1532) to golf, volunteer, send an item for the auction, sponsor a hole! It is fundraisers like this that fund our league!

Equipment News

Equipment Handout dates will be the 2nd and 3rd weeks of July. Bob Miller will be emailing and calling players and parents when the dates are set. Parent volunteers for all weight/age divisions welcome!

Banquet is November 13th at the Convention Center

Football news

Practice starts Monday, August 2nd at Sidway School from 6-8pm. Parents are asked to be there at 5:30 for the first practice for a brief parent meeting.

Practices are held every Monday, Wednesday, and Friday from 6-8pm, please be there 15 minutes early whenever possible. Home games will be held at Veteran's Park. Players must be prepared to practice in the following: cup and jock strap, girdle and pads (hip, knee, thigh and tail), shoulder pads, rib pads, helmet and face mask, football spikes, practice pants, practice jersey, practice socks, mouth guard, and chinstrap. No game pants, jersey or socks to be worn for practice! It is important that the equipment be a snug fit not loose; if you are not sure please ask the equipment manager or one of the coaches for assistance.

The coaches are as follows:

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| 80lb | Head coach: Kyle Green
assistant: Brad VeRost |
| 100lb | head coach: Bob Pavone
assistants: Bob Miller, Jonathan Hart, Pat Curtin, Tom Knight, Alan Heacock, |
| 120lb | head coach: Tracy Akers
assistants: Sean Muggli, Tom Cecere, Henry Grunzweig, Scott Buzby, Chris Wilkinson |
| 145lb | head coach: John Chiarenza
assistants: Todd Brandon, Scott Morrow, Pete Terlecky |

These coaches are volunteers and put a lot of hard work and time into making this a fun, safe and successful season. Please show them the respect and encouragement that they deserve. Start your conditioning now by doing sit-ups, push-ups and running!!

Reminders

ANY NEW PLAYER/CHEERLEADER MUST BRING A COPY OF THEIR BIRTH CERTIFICATE TO THE FIRST PRACTICE. ANY QUESTIONS PLEASE CONTACT REINE AKERS AT 773-3618.

****Pre-season Tournament games are scheduled for August 21st and August 28th**

**FOOTBALL PICTURES WILL BE TAKEN ON AUGUST 21ST
CHEERLEADER PICTURES WILL BE TAKEN INDOORS, DATE TO BE DECIDED!**

SNACKSTAND NEWS

Every parent must volunteer at least one shift in the snack stand per child in the league. The shifts will be posted at the snack stand. Remember to check there mid-August for the schedule. If you miss your shift and do not find a replacement, **YOUR CHILD WILL NOT PLAY/CHEER**. This will be strictly enforced! This organization is run by volunteers, it is YOUR responsibility to check when you are on duty and to show-up. Everyone is expected to do their share! Any questions please contact Shirley Marsh.

Website and Facebook

For ANY information you may visit our website at www.jrvikings.org.

See you Monday, August 2nd!!



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Heading

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